

Health Care Fund

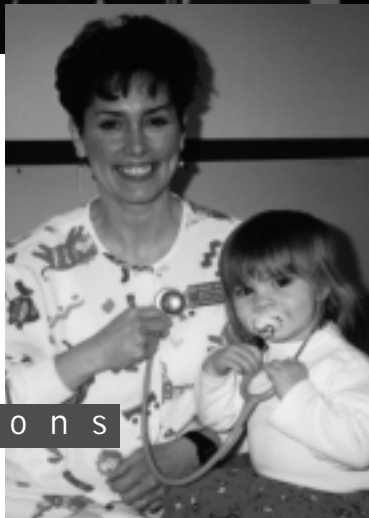
# *Community Grant Program*

Collaboration



Innovation

Solutions



Five-Year Report  
1996 - 2000

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**DEPARTMENT OF HEALTH AND HUMAN SERVICES**

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Donald L. Shumway  
Commissioner

Kathleen G. Sgambati  
Deputy Commissioner

October 12, 2000

Since its inception in 1996, the Community Grant Program has made significant contributions to improving access to health care services, to improving service quality and demonstrating how best to use limited resources to improve health outcomes for people throughout New Hampshire.

As Chairperson of the Community Grant Program Advisory Committee, I am proud of the integrity, skill, dedication and community voice each of our Committee Members, past and present, have brought to the task of reviewing applications and making funding recommendations to the Commissioner of the New Hampshire Department of Health and Human Services.

The values that underlie our decision-making have been integral to this success. We reward applicants who work collaboratively and support community-based solutions; we choose fresh and innovative projects aimed at the root causes of our health care problems; and we invite applicants to challenge us with their best ideas.

This report contains examples of organizations large and small that have accepted these values and are bringing them to life each day in communities around the state. I know you will share my pride in the positive impact our grantees have on the lives of New Hampshire's citizens.

Sincerely,

Ann Torr

October 12, 2000

The New Hampshire Department of Health and Human Services is proud to showcase some of the work accomplished by 168 Community Grant Program projects. During the past five years, projects from all parts of the state have been supported with funding totaling \$17 million. The Community Grant Program is made possible through interest income earned from the Health Care Fund, a public endowment created by the Legislature in 1994.

This report illustrates how our families, our communities and our service systems have benefited from the foresight of our legislative and executive leaders who created a flexible grant program aimed at improving the health of New Hampshire residents.

I want to take this opportunity to thank each of our hardworking and dedicated partners, local leaders, Advisory Committee Members, staff, applicants, and grant recipients for making the Community Grant Program a reality. Special thanks to Ann Torr, current Chairperson of the Community Grant Program Advisory Committee and to Martin Gross, Esq., who provided steady leadership and guidance as the first Chairperson of the Advisory Committee.

Sincerely,

Donald L. Shumway  
Commissioner

# Meeting Community Health Care Needs

In New Hampshire, as in every state across the country, issues around healthcare and social supports are becoming more complex. Providers and consumers of services are facing challenges such as rising costs, decreased availability of affordable services, more complex treatment options, and increasing demands on families.

In 1994, the Legislature passed House Bill 60 to create a Health Care Fund to invest in innovative approaches and solutions to improve health services at the local level. Organizations apply for grants to fund new projects through the Community Grant Program, which draws from the interest on the Fund. The overall objectives of the program are to promote access and to improve the quality of health care services; to evaluate existing health care services, service delivery and cost models; and to fund research to improve the purchasing and cost effective utilization of health care services.

## community grant program

Funding proposals are submitted and reviewed by an independent Advisory Committee, comprised of residents from around the state. The Committee submits its recommendations to the Commissioner of Health and Human Services, who in turn presents them to the Fiscal Committee and Governor and Executive Council for approval.

Each grant award is an amount between \$5,000 and \$100,000 per year. Grants made through the Community Grant Program are based on a thorough set of criteria, including the following:

***“The HCTF Community Grant Program...  
is one of the country’s most creative answers to  
the escalating challenges of reforming health care  
to meet the expressed needs of citizens.”***

— Laboratories of Innovation, a study prepared  
by the Alliance for Redesigning Government  
(National Academy of Public Administration)

- \* Improves access to health care services;
- \* Demonstrates an innovative approach to improving access to health care services;
- \* Does not replicate an existing service;
- \* Demonstrates collaboration among community partners;
- \* Presents a plan with measurable objectives and activities to meet the objectives;
- \* Justifies a reasonable budget for planned activities.

## communities helping themselves

One of the Community Grant Program's most important benefits is that it allows communities to identify their own needs and develop their own solutions. Government becomes more responsive to these communities by providing the funding that allows them to solve their own problems.

During the five years since the Community Grant Program's inception, it has supported the development of 168 projects throughout the state. Many grant projects received annual grant awards for 3-4 years. Those projects have had an enormous impact on the lives of New Hampshire residents, particularly for families, communities, and statewide delivery systems.

*With the Community Grant Program,  
“interagency collaborations are being forged  
that bring together traditional and non-traditional  
providers into an integrated delivery system to  
better serve consumers.”*

— Evaluation of First Round Projects,  
an independent evaluation conducted  
by the Community Health Institute (CHI)

## HEALTH CARE FUND COMMUNITY GRANT PROGRAM

# Grant History

Round	Budget Year (SFY)	Amount Requested	Number of Applicants	Total Amount Granted	Annual Grant Awards	Match and Leveraged Funds
1	1997	\$ 9.6 M	123	\$ 4 M	55	\$ 4.2 M
2	1998	\$11.8 M	169	\$ 6 M	88	\$ 6.9 M
3	1999 1999-2000	\$ 8.7 M	122	\$ 3 M	51	\$ 6.9 M
4	2000	\$ 6.1 M	85	\$ 2 M	34	\$ 5.1 M
5	2001	\$ 5.1 M	93	\$ 2 M	45	\$ 7.0 M
totals		\$41.3 M	592	\$17 M	273	\$30.1 M

# Helping New Hampshire *Families*

Many of the projects funded by the Community Grant Program help to directly improve the lives of families, particularly children. Each project provides a unique service, depending on the need perceived as most critical by that community. From helping new mothers access necessary services, to problem solving and leadership skill development for teens, these projects are as different as the communities that created them.

The Whole Village Family Resource Center in Plymouth brings together a number of agencies under one roof, with a goal of helping young families - especially those considered "at risk" - to become healthier, safer and

## The Whole Village Family Resource Center

increasingly self-sufficient. The fourteen agencies include health care, family planning, emergency food services and clothing, child and family development and other services. By co-locating, the agencies not only make it more convenient for families to access all the benefits available, but they also learn from each other and become more efficient at meeting the needs of the people they serve. The Parent-Child Program, which was developed with Community Grant Program funds, provides a wide variety of family support programs and services for young parents. This program alone has aided more than 400 families since it was founded.

## Baby Steps

Baby Steps, created by Child and Family Services, also helps high risk families. This model project provides access and support for parents to learn how they can best help their babies to develop and grow up healthy in the first three years of their life. Infant Development Specialists (IDS) work collaboratively with well child and community health clinic staffs to provide these services in all of Strafford County and eastern and central Rockingham County. Key sites are located in Rochester, Dover, Exeter, Portsmouth, Seabrook, Newmarket and Derry. In addition to this hands-on assistance, the project also continues building the base for a statewide system of financial support, through collaboration with the New Hampshire Department of Health and Human Services/Medicaid, community health centers and others.



*One of the children whose family was assisted by the programs at Whole Village drew this thank you card for the staff members who worked with them.*

In Manchester, The Kids Café was developed by The Salvation Army to serve as a soup kitchen and positive social environment for children. Kids Café serves nutritious meals to children of more than 200 families, four days a week. After dinner, the volunteer staff offers structured activities for the children. These children, who range in age from 6 to 17, learn problem solving and leadership skills. Health education and case management services are provided for children and parents. Teen parents receive special attention with parent education classes, housing assistance and guidance about available services.

#### The Kids Café

NH Health Guidelines is a program designed to provide increased visibility and recognition of universal prevention guidelines. These guidelines were developed for health care providers by the seven New Hampshire managed care organizations in conjunction with the Foundation for Healthy Communities. By reinforcing preventive measures, the project helps to ensure more New Hampshire families remain healthy and are less likely to need health care services.

#### NH Health Guidelines



*Kids Café provides hot meals and positive evening activities to children in Manchester.*

# community-Wide *Care*

Some of the grants provided by the Community Grant Program have a far-reaching impact, providing care that truly integrates the community they serve. These projects help people of all ages and meet varying needs.

The Caleb Group Community Services Partnership has helped 250 elderly citizens from six towns in the greater Littleton area to live independently in their own homes. This not only helps reduce their cost of living, but also helps them to maintain a level of pride and personal comfort.

## The Caleb Group Community Services Partnership

Volunteers, many of whom are seniors themselves, are trained to provide various non-medical services to those in need. Services include visits, transportation to stores or doctor appointments, shopping, chores, and home safety checks. Seventy percent of the elderly served by this project are low-income residents.

The Greater Derry Community Health Services (CHS) provides access to primary, specialized and mental health services for 2,000 adults and children who were previously uninsured or underserved in the Derry area. Participants

## The Greater Derry Community Health Services (CHS)

become members of the CHS plan and can access a range of services. The project receives broad community support from the local hospital and foundation, as well as providers and founders. Derry CHS also connects nonmembers with all services for which they qualify. These services could include Medicaid (Healthy Kids), Veterans benefits, and others.



*The Caleb Group was able to set up a computer lab. Seniors are trained how to use the computer for seeking medical information, corresponding with grandchildren, or other needs.*



The Monadnock Partnership is working to develop a regional continuum of care. By developing a linked community-wide information system, this project makes it possible to provide integrated services to residents of the Keene area. Residents have a single point of contact by calling the Community Network, where a member will help them connect to all programs and services that are available in different agencies.

The Monadnock Partnership

The Lamprey Health Care School-Based Preventive Dental Health Program is one of six projects funded by the Community Grant Program that works to provide adequate dental services to the underserved. This project offers preventive dental services to children, such as cleanings and screenings to all third graders in Newmarket, Nottingham and Raymond. By developing links among the resources of the three school systems, local dentists and a community health center, the project aims to enhance health services and coverage for these students.

The Lamprey Health Care School-Based Preventive Dental Health Program

**Grant recipients, in addition to the \$17 million in Community Grant Program dollars, have secured a total of \$30 million in matched and leveraged funds. These funds have come from a variety of different sources, from local community groups to federal grants, and would not have been secured without the Community Grant Program's initial funding. With matched and leveraged funds providing nearly 200% more dollars than their original grants, the projects are able to greatly expand the services they provide to their communities.**

# creating statewide *Delivery Systems*

In addition to direct care of families and support for communities, the Community Grant Program also funds projects that strengthen health care delivery systems. This can mean studying and seeking to improve current systems, such as research to improve the way health services are provided, or developing compatible networked medical or social service information systems to improve communication. Other projects have launched integrated services and have helped organizations improve or expand their care at a statewide level.

## Atech Services

Atech Services works to assist people who have severe communication impairments, by helping them access augmentative communication devices. These devices allow people to communicate with family and friends, which improves quality of life. This allows effective communication of their health care needs to health providers and others. Individuals are given the opportunity to test out communications equipment prior to purchasing it, which helps them identify exactly what they need before making the investment. Atech's mission is to improve access, quality and cost-effectiveness of services for this underserved population.

## PlusTime NH

After-school programming has become a prominent issue across the country, particularly due to alarming statistics that find unsupervised after-school hours to be the time when students are most likely to experiment with drugs, engage in sexual activity and commit crimes. PlusTime NH used Community Grant Program funds to expand from a three-person office to a network that assists 89 communities throughout the state.

PlusTime has created more than 1,500 new spaces for students in after-school programs.



*As part of the PlusTime program, NH AmeriCorps VISTA members train staff for after-school programs.*

The services PlusTime provides to communities include offering advice to ensure that programs will meet community needs; providing training to staff on creating programs and workshops; helping new programs secure funding; and initiating and supporting legislation that will offer positive youth development.

The NH Quality Outcomes Project has been working to develop clear benchmarks for high quality support systems and services. These quality outcome measures are used to set a standard for maintaining or improving long term support for people with developmental disabilities. These measures complement other quality assurance efforts in the state. The project used input from consumers, families and a statewide advisory board, as well as its collaborative partners - the Institute on Disabilities, UNH, Community Support Network, the NH Division of Developmental Services and the Human Services Research Institute.

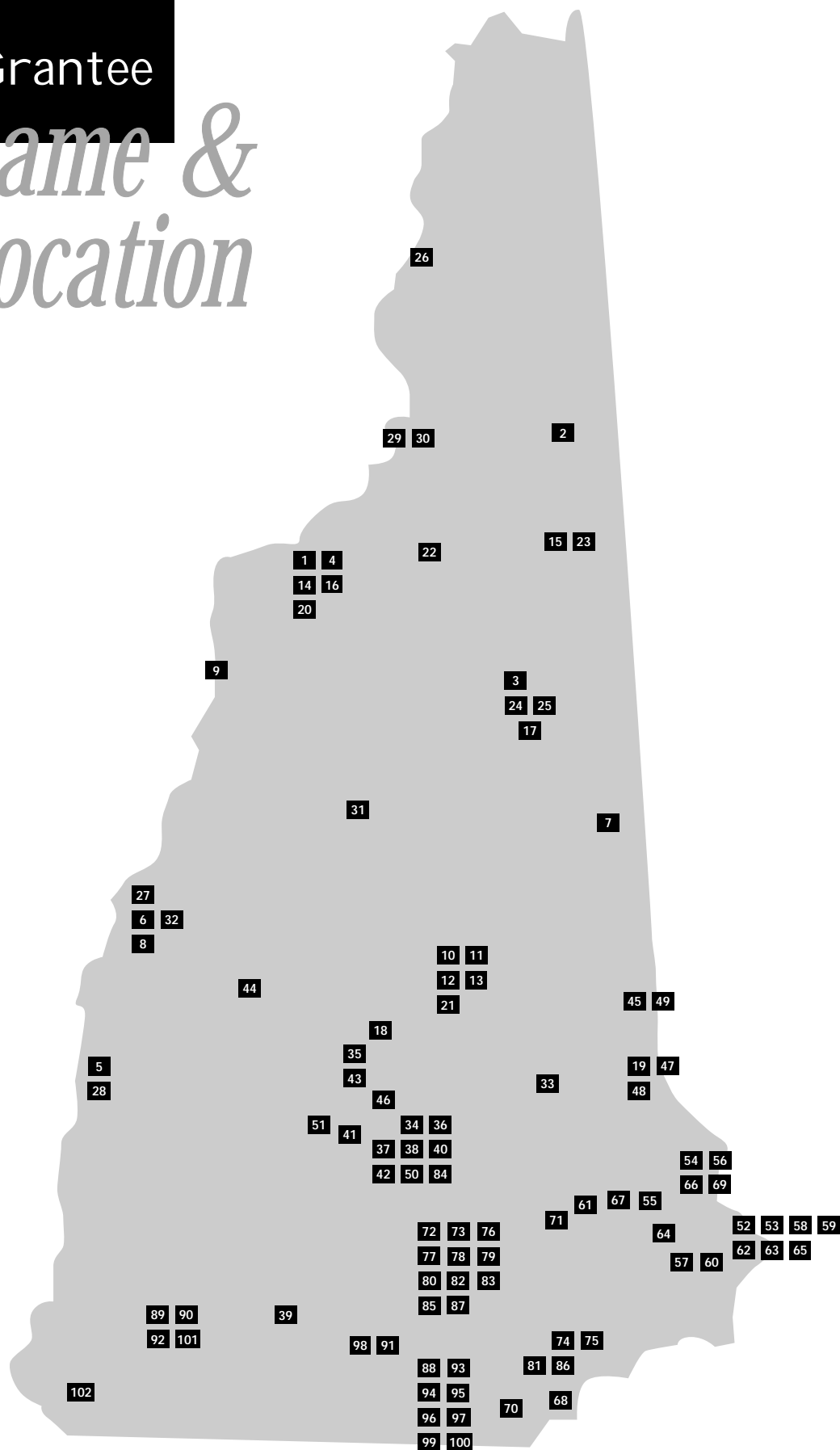
#### The NH Quality Outcomes Project

Some grants have been used for targeted research on avenues that can improve health care for New Hampshire residents. The Behavioral Health Outcomes-Based Treatment Planning for Geriatrics focused its research on improving the quality of community-based care for New Hampshire's elderly with mental disorders. The project improves the capability for accurate mental health diagnosis by providers who serve the elderly and their families. A system has been developed that integrates treatment, data collection and clinician feedback to improve treatment effectiveness. The Robert Wood Johnson Foundation has funded this proposal as well to pilot application in states outside New Hampshire.

#### The Behavioral Health Outcomes-Based Treatment Planning for Geriatrics

Grantee

# *Name & Location*



## Executive Council District 1

1. Ammonoosuc Community Health Services, Inc.
2. Androscoggin Valley Home Care Services
3. Carroll County Transportation Alliance
4. Center for New Beginnings
5. Claremont School District
6. Early Childhood Mental Health Network of the Upper Valley
7. Families Matter in Carroll County
8. Grafton County Senior Citizens Council, Inc.
9. Haverhill Community Resource Consortium
10. Laconia Housing and Redevelopment Authority\*
11. Lakes Region Alliance of Human Service Senior Executives
12. Lakes Region Community Services Council
13. Lakes Region General Hospital\*
14. Littleton Area Family Violence Council\*
15. North Country Education Foundation\*
16. North Country Home Health Agency, Inc.
17. Northern New Hampshire Mental Health & Developmental Services
18. Pyareo Home, Inc.
19. Right Attitudes
20. Summit Medical Group
21. The Belknap County Teen Center
22. The Caleb Group Community Services Partnership
23. The Family Resource Center at Gorham

24. The Memorial Foundation
25. The Memorial Hospital
26. Upper Connecticut Valley Hospital
27. Upper Valley Support Group/Parent to Parent of NH
28. Valley Regional Healthcare, Inc.\*
29. Weeks Hospital Association
30. Weeks Medical Center
31. Whole Village Family Resource Center
32. Woman's Information Service

## Executive Council District 2

33. Barnstead Fire-Rescue, Inc.
34. Bi-State Primary Care Association, Inc.
35. Caring Community Network of the Twin Rivers/Franklin Regional Hospital Association\*
36. Community Action Program, Belknap-Merrimack Counties, Inc.\*
37. Concord Hospital
38. Concord Housing Authority
39. Families and Communities Together
40. Familystrength\*
41. Hopkinton School District
42. Merrimack Valley High School/SAU #46
43. Neighbor to Neighbor
44. New London Hospital for Allies for Regional Community Health (ARCH) and The Rock Dental Clinic
45. Northern Strafford County Juvenile Court Diversion

46. Penacook Community Center Senior Program
47. Strafford County YMCA
48. The Homemakers of Strafford County
49. Town of Farmington, Parks & Recreation
50. United Way of Merrimack County
51. White Birch Community Center, Inc.

## Executive Council District 3

52. A Safe Place
53. Area Homemaker Home Health Aide Service, Inc.
54. Avis Goodwin Community Health Center
55. COAST (Cooperative Alliance for Seacoast Transportation)
56. Dover School Department
57. Exeter Hospital
58. Feminist Health Center of Portsmouth
59. Living Innovations Home Care, Inc.
60. New Outlook, Inc.
61. Nottingham School SAU #44\*
62. Portsmouth School Department/FRIENDS
63. Rockingham Community Action
64. School Administrative Unit #31 Newmarket
65. Seacoast Family YMCA
66. Strafford County Community Action Committee, Inc.
67. The Alliance for Better Child Care
68. The Eighth Pole, Inc.
69. The HUB Family Support Center
70. Windham School District

## Executive Council District 4

71. Candia COPE (Community Organized Prevention Effort)
72. Child Health Services\*
73. City of Manchester, Office of Youth Services
74. Derry-Londonderry-Timberlane United Way, Inc.
75. Greater Derry Community Health Services, Inc.
76. Greater Manchester Family YMCA
77. Manchester Community Health Center\*
78. Manchester Dental Alliance
79. Manchester Health Department
80. Manchester Housing and Redevelopment Authority
81. Middle Ground Student Lounge
82. Southern New Hampshire Services, Inc. (formerly ALPHA)
83. Special Transit Service, Inc.
84. The Hitchcock Foundation
85. The Salvation Army\*
86. The Upper Room, Education for Parenting, Inc.\*
87. Webster House

## Executive Council District 5

88. Boys & Girls Club of Greater Nashua, Inc.
89. Council for a Healthier Community
90. Lahey Hitchcock Clinic-Keene
91. Milford Schools/School Administration Unit No. 40\*
92. Monadnock United Way
93. Nashua Adult Learning Center
94. Nashua Pastoral Care Center, Inc.

95. Nashua Public Health Department\*
96. Neighborhood Health Center for Greater Nashua (formerly Gateway)
97. Rivier College Early Childhood Center
98. Souhegan Nursing Association
99. Southern New Hampshire Services, Inc.
100. Southern NH HIV/AIDS Task Force
101. The Cheshire Medical Center
102. Winchester School District

## State

**These projects provide statewide support, and do not appear on the map.**

- Blue Cross and Blue Shield of New Hampshire
- Brain Injury Association of New Hampshire\*
- Child and Family Services of New Hampshire\*
- Children's Alliance of New Hampshire\*
- Community Developmental Services
- Community Health Access Network
- Community Services Council of New Hampshire\*
- Community Support Network, Inc. (CSNI)\*
- Easter Seals of New Hampshire
- Foundation for Healthy Communities
- Franklin Pierce Law Center
- Granite State Independent Living Foundation (GSILF)

- International Institute of New Hampshire
- Lamprey Health Care, Inc.\*
- Marathon, Inc.
- Merrimack Valley Assistance Program\*
- NAMI-NH (The Alliance for the Mentally Ill of New Hampshire)
- New Hampshire Assistive Technology Center (Atech)
- New Hampshire Association of Counties
- New Hampshire Catholic Charities\*
- New Hampshire Community Loan Fund
- New Hampshire Healthy Kids Corporation
- New Hampshire Housing Finance Authority
- New Hampshire Minority Health Coalition
- New Hampshire Pharmacists Association\*
- PlusTime NH\*
- Riverbend Community Mental Health\*
- The North Country Institute
- Trustees of Dartmouth College\*
- University of New Hampshire\*

\* Grantees with multiple projects

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